

BOUT 1:2014

GRDL HOSTS SSRD

BLOODY MARYS
V
SIRENS

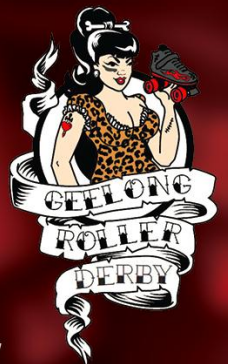
VIRGIN MARYS
V
BANSHEES

MARCH 22ND
DOORS @ 3:30PM

TICKETS CAN BE PURCHASED AT
AWKWARD CAFE, MOORABOOL ST OR
AT THE DOOR.

\$10 PER ADULT.
CHILDREN UNDER 12 FREE.

Geelong Leisuretime Centre 262-282 Anakie Rd, Bell Post Hill





The Sirens

Dani Darko (co-captain)	2806
TiTasaurus (co-captain)	33
Harmin' Miranda	2
Cookie Crackhouse	TRU3
Assault 'N' Pepper	5
Crash Mandicoot	G5
Mel Adjusted	85
Flux Decapitator	88
Koffen Kandie	127
Florence the Machine	162
FiZGiG	301
Anita Amputate	333
Betty Doom	506
Slamdora	512

Bench Manager: Michelle Grey
Bench Coach: Chuck

The Banshees

Amygeddon (co-captain)	2012
Dodge Viper (co-captain)	21
'67 Chevy Impaler	2Y5
T'Kill Her Shots	30
Blitzkrieg Deluxe	MP40
Scooby Doom	N64
Herbie the Shove Bug	53
Flux Decapitator	88
Florence the Machine	162
FiZGiG	301
Anita Amputate	333
Betty Doom	506
Peril Lass	911
Rolling Bones	1234

Bench Manager: Michelle Grey
Bench Coach: Chuck



The Bloody Marys

Nitro Nutter (co-captain)	83
Rai Scar (co-captain)	8
Vyvyan Oblivion	7
Ronni Ruckus	10
Mad Pixie	76
Ace of Hearts	82
Ellen B Rage	93
Cherry B Violent	247
Penny Le Pain	337
D-molish	619
Brass Knuckle Betty	1725
Carmen Attcha	1900
Death Roll Doll	1919

Bench Manager: Genie Smackers
Bench Coach: Em C Hammer



The Virgin Marys

Mad Eye Murphy (captain)	37
Miss C-Bomb	6
Vyvyan Oblivion	7
Ronni Ruckus	10
Krash Krusty	16
Suey Sezno	72
Bomb Shell	77
KTNT	84
Craazzy Kooka	89
Whiplash	92
Dread Zeppelin	108
Twinkling Vixen	212
D-molish	619
Carmen Attcha	Call 1900

Bench Manager: Genie Smackers
Bench Coach: Em C Hammer

Top Tips for Watching Derby

Enjoy the hitting. Let's admit it; the first time you go to a roller derby bout, you're looking for big hip-checks and skaters sprawling on the floor.

Watch the jammers. They score the points, and they're the ones who get hit most often! They're also easy to spot because they're wearing a big star on their helmets. The blockers will mostly focus on them, so you should too.

Watch the pack even when the jammers aren't there. This is the equivalent of watching the action "off the ball" in most sports. Watch who's moving to the front and who's dropping back. Watch how the pack speeds up and slows down depending on where the jammers are.

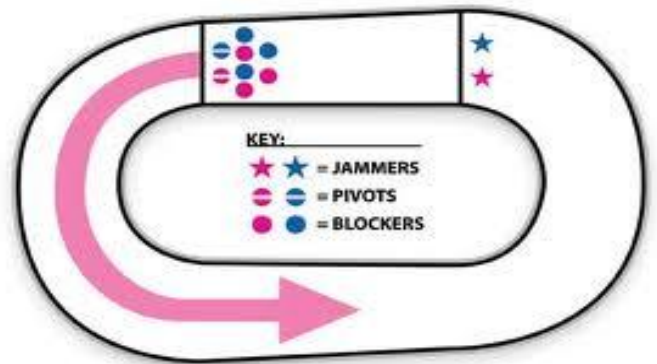
Watch the referees. A good referee is part of the action. Pack refs follow the pack and signal penalties. Jam refs follow the jammers and count points with a raised hand after each scoring pass.

Watch the penalty box. When a team has blockers in the box, opposing jammers have the opportunity to score points more easily. When a team's jammer is in the box, she can't score at all! Penalties last for one minute, skaters stand with 10 seconds remaining to prepare to re-enter the pack.

Count jammer points. See if you can tally how many opposing skaters a jammer has passed legally. Don't forget, they get points for any players in the penalty box as soon as they pass the first opponent on the track. You might not always get the same number as the jam ref, but it's worth giving it a go.

Come referee or become an NSO (non-skating official) for GRDL.

At this point you've got the basics down pat, the rest is just learning to recognize the finer points and respond to them quickly.



Originally posted September 9, 2013 by Boston Derby Dames
<http://blog.bostonderbydames.com/about/how-to-watch-roller-derby>

Autographs